

Instrument 2 – Social inclusion and the connections between social inclusion and youth work





This instrument aims to help you understand and identify the connection between social inclusion and youth work. It will also help you identify measures and actions on how to ensure the social inclusion in your youth work activities and fight against discrimination.

To use this instrument is very simple, you read the tasks and you fill in the banks, you write, reflect and think. Feel free to use the designated space to write your thoughts, add more space or even pages if you feel necessary. There are no right or wrong answers. You can reflect and answer to these questions by analysing your existent youth work or you can plan your future youth work. Think outside the box and dream big!

With what type of fewer opportunities you are working with? According with the European Union the fewer opportunities are: Disability, Health problems, Educational difficulties, Cultural differences, Economic obstacles and Social obstacles, Geographical obstacles. Write down the fewer opportunities you are working with.

Through youth work, you should aim to improve the youth with fewer opportunities condition. As a youth worker you need to teach the young people with fewer opportunities how they can face their own situation, and empower them to participate in their social and civic life. In order to improve their condition, you need to understand very well their needs, and what kind of challenges and barriers are facing.

What are the needs of the young people with fewer opportunities? Think at the young people with who you are working with.

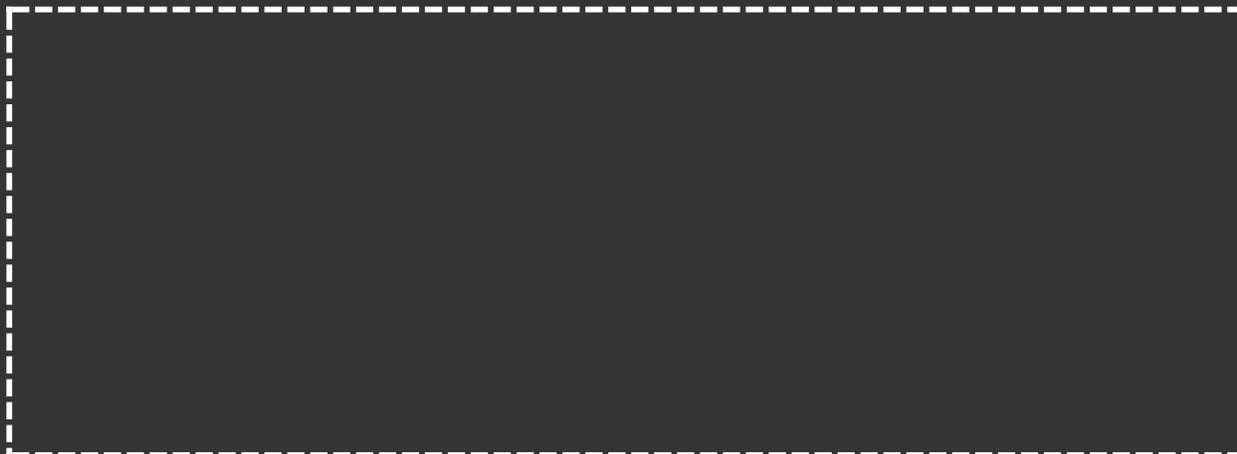


What are the young people's challenges and barriers? What are the factors which prevents them from actively participating in the community and at their social life?





What can you do, as a youth worker, in order to overcome these challenges and barriers and how can you respond at their needs? Think on measures/ actions/ activities that helps them to improve their conditions. In what way they will be better after they will participate in your activities? At this point think globally, not only at the non-formal activities. We will discuss more about non-formal activities and social inclusion in Instrument number 3.



How you can ensure the social inclusion through your youth work? Here is a check-list list of measures and actins you can to take in order to ensure the social inclusion through the youth work.

 Build trust and confidence so the young people with fewer opportunities fell safe and confident

How you can implement these measures/ actions in your youth work? What you will do?

Think on the reasons why the young people don't feel confident and don't trust themselves, and develop actions and measure to help them fell safe and confident.





Develop a safe environment for the young people with fewer opportunities

Offer socialisation for the young people with fewer opportunities

Cross-sectorial cooperation

How you can implement these measures/ actions in your youth work? What you will do?

Usually you can develop a safe space during the activities where you involve directly the young people with fewer opportunities. You can also create a safe space in your community, but this requires a lot of resources.

You can do it through non-formal and informal learning activities.

What sectors you can help you to ensure the social inclusion? Is the education sector relevant? How about other sectors? Who can you partner with?



Experiential pedagogy, non-formal and informal learning or any other relationship-based activity

Mentoring and/ or peer support activities

How you can implement these measures/ actions in your youth work? What you will do?

How will you raise the full potential of young people with fewer opportunity? How you will recognise and validate their learning?

Through mentoring you should offer the young people support to reflect about the nature of learning or to overcome specific barriers and challenges encountered during the activities. In what conditions can you develop peer support activities?



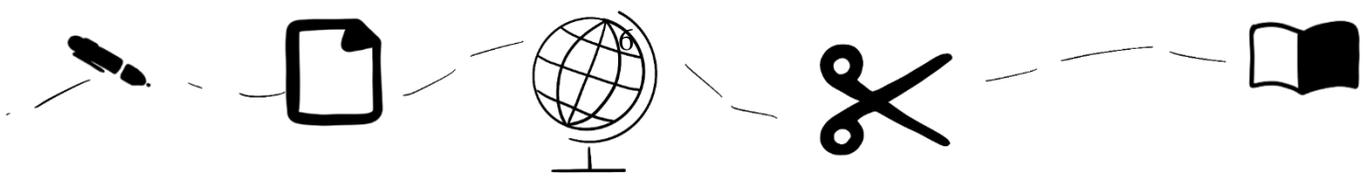
How you can implement these measures/ actions in your youth work? What you will do?

Improve the young people with fewer opportunities well-being and daily life

You can teach the young people different aspect so they can use it in their daily life to improve their well-being. What else you can do (financial support, improve policies and other)? How can you improve their social condition? Is it relevant for you to teach the young people about housing, nutrition and physical safety?

Empower the young people with fewer opportunities

How can you help the young people to be important actors in the community and to contribute to the European Union values and goals? How can you empower them to actively participate in the social and civic life?





How you can implement these measures/ actions in your youth work? What you will do?

Fight against self-exclusion and self-deprivation.

Because of the situation most of young people self-exclude themselves from the community.

Fight against intergenerational transmission of social exclusion, discrimination, racism, intolerance and negative attitudes towards young people with fewer opportunities

You should build mutual solidarity between the young people with fewer opportunity and society through information and awareness campaigns and any other relevant activities.

Aim to develop a positive perception regarding different types of groups among general population.

Fight against discrimination and promote equal opportunities in local communities through information, education and awareness campaigns

How you can implement these measures/ actions in your youth work? What you will do?

Encourage the young people with fewer opportunities to contribute to the development of social inclusion policies

Inform and educate the young people about their rights and inclusion policies as well as e-inclusion. Give them a voice and involve them in activities to solve their own situation.

Reduce the risk of social exclusion of the young people with fewer opportunities

Empower young people and include them in the community. Support their civic and social participation.



How you can implement these measures/ actions in your youth work? What you will do?

You should develop policy recommendations to address the issues of social inclusion and protection.

Develop policy recommendation



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